

What is Communion?

Communion is a celebration that Jesus began at the Last Supper.

Read it: Matthew 26:16-30, NIV

Review: Put these events in the order that they happened

- ___ Jesus and his followers sang a hymn
- ___ Jesus thanked God for the cup and gave it to the disciples
- ___ Jesus went into city (Jerusalem) for the Feast of Unleavened Bread
- ___ Jesus thanked God for the bread, broke it and gave it to the disciples

Communion is a celebration where followers of Jesus remember Him.

Read it: 1 Corinthians 11:24-25, NIV

Ask it: Why is it important for us to remember what Jesus has done for us?

Why do we take Communion?

- To remember Jesus' death and resurrection on the cross

- To confess our sins and ask God for forgiveness

- To ask God for help following Him with our whole hearts

- To ask God to show us how to treat others with His love

- To tell Jesus how much we need His help

Read the verses below and fill in the blanks where you need Jesus' help in your own life.

Read it: Romans 8:28, NIV

Write it: I need the help of Jesus to _____

Read it: Philippians 4:13, NIV

Write it: I need the help of Jesus to do _____

Read it: Philippians 4:19, NIV

Write it: I need the help of Jesus to _____

Read it: James 1:5, NIV

Write it: I need the help of Jesus to _____

How do we celebrate Communion at Brooklife Church?

Communion is a special part of our adult service. It is a time for reflection and prayer. We typically practice it on the fourth Sunday of each month or on special occasions like Good Friday.

An usher will let you know when it is your turn to go up for Communion. You'll walk in a line and pick up a piece of bread to dip in a cup of grape juice. The person serving will say, "The body of Christ broken for you."

As you dip your bread in the grape juice, the person serving will say "The blood of Christ shed for you." They say these things to help you remember Jesus' death and resurrection on the cross.

You can eat your bread right away.

Take time to pray and reflect about why we take Communion after returning to your seat.

When am I ready to celebrate Communion?

Ask it: Are you a follower of Jesus? (You should only take Communion if you have asked Jesus to be your best friend)

Ask it: Do you want to celebrate Communion?

Ask it: Can you explain why we celebrate Communion?
